



newthinking

EXECUTIVE AND LEADERSHIP COACHING

What I do

I coach leaders to successfully navigate change, so people and businesses can thrive.

Are you:

- An executive or leader wanting to be your best self?
- An emerging leader?
- Wanting to change the way you are perceived at work?
- Feeling pigeon holed in your career and looking to find what's next?
- Concerned about the impact of constant change on your business?

Why me?



Extensive
Experience

- 35 years of senior leadership & executive roles
- National leadership experience
- Deep understanding of strategic and operational process
- Exceptional stakeholder engagement skills
- Varied sector involvement
- Multiple change management experience including acquisitions and restructures
- Extensive skills in health service management
- Identifying new service opportunities and bringing to market



Social
Intelligence

- Personable
- Ability to create connections
- Demonstrated empathy
- Communicate at all levels
- Adaptable
- Trusted
- Good humour
- Pragmatic
- Respectful



Credibility

- MBA
- Grad Diploma AICD
- Level 1 Certification organisational coaching
- Level 1 Accreditation organisational coaching
- Proven success and client testimonials



CAROLINE WELLS

Executive and Leadership Coach

Career Coach

Organisational Consultant



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Profile

For me, authenticity, fairness, humour and social intelligence are my guiding lights.

I am an experienced, authentic and values driven leader with over 35 years of experience working in senior leadership and executive level roles, as well as strategic board appointments. Supporting and empowering people to unlock their potential and elevate their performance to the next level has always been one of the most satisfying aspects of my work.

I began my leadership journey early in my career when working in the health sector and have worked at a state CEO level for many years and in a National Advisory role and as member of a national executive leadership team.

Being part of a team managing public mergers and acquisitions, moving from a federated model to a single entity and numerous downsizing initiatives has afforded me the opportunity to gain a wealth of experience at both a strategic and operational level.

Skilled in working with teams, including coaching and mentoring to achieve best outcomes, I love to see people shine. I bring strong business development, corporate governance experience and exceptional stakeholder management to the table, across all sectors, including with State and Federal governments. These skills support the holistic approach to my work.

The world we live in, the world we work in and the world we play in is ever changing and it can be hard to navigate, whether as an individual or a collective leadership group.

I strongly believe that creating time and the space, where NewThinking can develop and flourish is so important but all too often it is considered a luxury, however if we are to achieve our goals, we need to invest in this time.

RELEVANT PROFESSIONAL EXPERIENCE

- Chief Executive Officer Diabetes Tasmania for 18 years
- Director Health Advisory and Research Diabetes Australia 2021-2023
- Senior executive positions within the private health sector including 7 years as Director of Nursing Hobart Private Hospital/ St Helens Private Hospital
- Appointments including Director, Royal Flying Doctor Service, Tasmania with current role of Deputy Chair, Chair Clinical Advisory Committee and member Nominations and Remunerations Committee
- Director Southern Cross Care (Tasmania)
- Invited member of the Premier's Health and Wellbeing Advisory Committee

Testimonials

“Caroline is the consummate leader and coach of her team. She brings out the very best in team members and peers and is an outstanding coach/mentor to many. Caroline is always professional, articulate, well considered, direct when she needs to be and exceptional at stakeholder management.”

Justine Cain, Group CEO, Diabetes Australia

“By the end of the first session Caroline had supported me to uncover a clear vision and I had identified an effective action plan for achieving my goal.

Caroline's calm and focused style and her years of experience in senior leadership positions meant that I felt secure that I could honestly and confidentially unpack the challenges that I was experiencing and reach new understanding of the situation without being worried about any judgment and criticism.

I have absolutely no qualms about recommending coaching with Caroline. If you choose to work with Caroline I am sure you will find it as insightful and invaluable as I did.”

Juliet Aryana, General Manager Health and Community, PeopleIN

“Caroline is a masterclass in executive and senior leadership, demonstrated through strong personal values and ethics, exemplary behaviour, and a proven track record of achievement. Caroline has a special ability to work with people in a collegiate way regardless of their role, experience or seniority. Engaging Caroline, you can be sure you will work with an invested, intelligent leader where her insights and knowledge are brought forward in a holistic but pragmatic manner. I highly recommend Caroline as a person of great skill, trust and integrity.

Anthony Polinelli, Vice President Corporate, Ionize P/L

“Caroline has been an exceptional role-model, coach and mentor who has contributed significantly to my career development and achievement of goals.

Caroline is an honest, authentic leader with a 'cup-half-full' attitude and a good sense of humour, who can bring out the best in everyone. I can highly recommend Caroline as Coach to help you achieve your professional goals.”

Minke Hoekstra, General Manager, Health Service Operations Tasmania, Diabetes Australia